

## FAQ: RETIREMENT 2.0 GROUP PROGRAM FOR “BIG CHEESE” BOOMERS

*The Next Version of Retirement (or Unretirement!) -- Yours to Create!*

### **KEY DATES:**

- **Workshop:** June 24, 8:00am – 5:00 pm in Toronto (location tbc shortly)
- **Five Teleclasses\*:** bi-monthly (Tuesdays at 3pm-4:30pm): July 6 & 20, August 3, 17, 31  
*\*classes recorded for participants that miss a date.*
- **Online program & Retirement 2.0 course member community:** June 25 – September+
  - (weekly exercises/tools provided – full flexibility for self guided pace and group interaction)

**What happens in the workshop?** Coach facilitated, this day will set the stage for your planning success as you consider what’s next for you. Count on lots of interaction, exercises, reflection, to help you build the foundation for your own customized plan. We will introduce key factors to a successful retirement life plan, prompt meaningful reflection, goal setting, planning and other important insights to help you begin to explore ‘what’s next for you’ as you enter the next life stage (retirement or “Unretirement”). This workshop will also introduce you to your group who will be your co-learners and peers in the **follow-on** program. **Agenda/Topics outline available: get in touch with me for a copy.**

**What is the follow-on program all about?** A one-day workshop can inspire a lot of ideas but what happens next? The follow-on program is a two month follow-up with two components to support you through a continuum of planning and reflection. The follow-on components include **1) a series of 5 teleclasses and 2) Retirement 2.0 Online Program with Course member community.** The teleclasses will elaborate on the concepts introduced in the workshop and allow for both group and coach support. And the Retirement 2.0 online program will provide a rich toolbox of guided exercises to help you work through some of the decision points in creating your plan with weekly exercises and full flexibility to engage at your own pace. It also allows for plenty of interaction with your group of peers and coach.

**Who is the facilitator?** The workshop is designed and lead by Eileen Chadnick, PCC, ACPC, ABC. Eileen is principal of Big Cheese Coaching and a certified work and life coach with areas of specialization in career/work issues, work-life balance and fulfillment, emotional intelligence, communications and a certified Retirement Options Coach. An experienced facilitator and coach, Eileen is known for her engaging style and for bringing insights and awareness to her participants in a fun, open and dynamic atmosphere. You can read more and what others have said about her coaching style and workshop facilitation at [www.Bigcheese-coaching.com](http://www.Bigcheese-coaching.com) and [www.UNretiredLife.com](http://www.UNretiredLife.com) .

**Who is the ideal participant:** This program is for “Big Cheese” boomers who are successful and accomplished (on your own terms) and just don’t relate to the ‘old notions’ of retirement. Hanging out on the porch just won’t cut it. You want to experience a satisfying life — in all stages and perhaps are just starting to think about what’s next for you (in your life and/or career). Maybe you will continue work, recareer – or not at all. Bottom line is: You want to have a plan that inspires, engages and connects you to what’s most important.

**What is the RSP component (optional)?** The RSP (Retirement Success Profile) is an assessment that gives you a picture of your personal attitudes, readiness, expectations for retirement on 15 different dimensions. This portion includes: A personal coaching session by phone (up to 2hrs); a report; and a copy of the book “The New Retirement”. It is a powerful tool to provide insights to your readiness, attitudes and expectations related to various factors that contribute to your potential fulfillment and success in retirement. **Note:** *This is an optional offering, incremental (\$250) to the base program.*

**What about Financial Planning? Isn’t that important too?** While this program is focused predominantly on the life planning portion of retirement planning we will address the topic of financial planning as it is a critical component of retirement success. We will bring the expertise of a Certified Financial Planner to guide us through this discussion. As well, I will offer resources and additional expertise on the financial planning front.

**What are the fees?\*** Participants of this pilot Retirement 2.0 Coaching program from the Big Cheese Coaching Lab will have the opportunity to participate at a substantially reduced fee of \$545 for those that register before May 28. It is \$695 after May 28 (RSP assessment is optional and incremental fee). As the inaugural group for this program, you will receive a value-packed experience and help me refine, learn and co-create success for this group and others to come. Your special status in the Big Cheese Coaching “pilot community” will also bring you discounts to future programs and offerings as well as additional Retirement 2.0 community benefits.

**What if I miss a teleclass?**

The classes will be recorded for participants to listen to if they’ve missed a class or want to review the class again.

**How do I sign up or learn more?** Contact Eileen for a brief introduction to see if this is a good fit for you. I am hoping to have a small group of 10 or so participants so if you think this might be for you, give me a call!

**For more information, contact Eileen Chadnick**  
**(416) 631-7437 or [Eileen@bigcheese-coaching.com](mailto:Eileen@bigcheese-coaching.com)**